

Beef Heart Tacos

Ingredients:

2 3lbs Beef Heart
4 Oranges
4 Grapefruits
4 Lemons
Garlic Powder
Seasoned Salt
Worcestershire Sauce

1. Butterfly Heart and marinade with ingredients.
2. On a charcoal grill or gas grill on high heat, place the beef heart on the hottest spot and sear for 4 minutes per side.
3. After searing, place beef heart indirect from the heat and let cook through for 15-20 minutes or until well done.
4. Heat up some tortillas and garnish with some cilantro, onions and salsa or some pico de gallo would be nice as well.